

ANSWERS

UNSCRAMBLE

Unscramble these foods that are good sources of water.

- telcute _____ lettuce
- aunt _____ tuna
- spata _____ pasta
- nagore ceiju _____ orange juice
- gruyot _____ yogurt



LIFT-OFF!
SAYS

Separate the words



WATER WISE

Fill in the missing vowels and find out how water helps your body.

K _ e _ e _ ps y _ o _ u _ c _ o _ o _ l .

H _ e _ lps d _ i _ g _ e _ st f _ o _ o _ d

C _ a _ r _ r _ i _ e _ s n _ u _ t _ r _ i _ e _ n _ t _ s t _ o _ c _ e _ l _ l _ s

WATER WORD

SEARCH

Find and circle these words in the puzzle. They are hidden in all directions.

more drink dehydration cool plenty water nutrient quench eight thirst everyday play body sip cell

DRINK UP!

List 8 times that you drink water each day.

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____



T	A	W	N	D	R	I	N
Q	T	A	U	E	P	I	S
U	M	T	T	H	G	I	E
E	V	E	R	Y	D	A	Y
N	Y	R	I	D	N	O	T
C	D	I	E	R	O	M	N
H	O	O	N	A	D	A	E
Y	B	O	T	T	W	A	L
A	T	S	R	I	H	T	P
L	L	E	C	O	O	L	A
P	D	R	I	N	K	I	S