

Name \_\_\_\_\_

MORE  
**EXTRAS FUN**

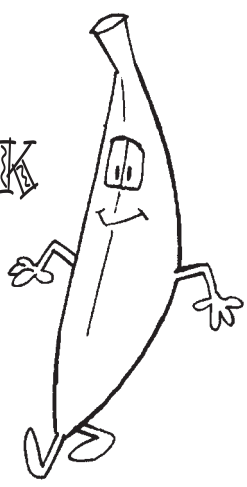
**SNACK ATTACK!**  
List your favorite snacks from this group:

1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_

**NOW LIST A HEALTHY SNACK**

from the 5 food groups that you could eat instead.

- Grains \_\_\_\_\_
- Vegetables \_\_\_\_\_
- Fruits \_\_\_\_\_
- Meat and Beans \_\_\_\_\_
- Milk \_\_\_\_\_



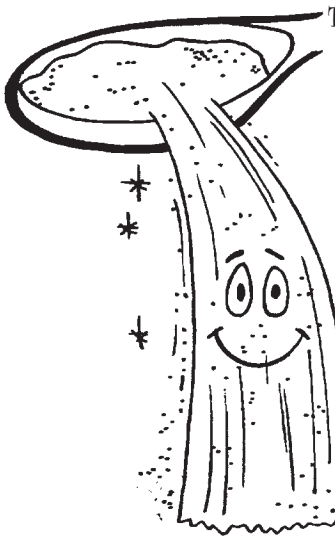
**I'M A SWEET TREAT**  
Unscramble me to eat.

ndayc \_\_\_\_\_ candy \_\_\_\_\_  
eack \_\_\_\_\_ cake \_\_\_\_\_  
eljly \_\_\_\_\_ jelly \_\_\_\_\_  
okoeio \_\_\_\_\_ cookie \_\_\_\_\_  
ewronib \_\_\_\_\_ brownie \_\_\_\_\_

**SWEET AND SALTY WORD SEARCH**

Find and circle these words in the puzzle.

- They are hidden in all directions.  
sugar cola candy sweets  
pastry chips cookies cake salt



|   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|
| P | C | R | A | G | U | S |
| A | H | L | E | S | E | W |
| S | I | E | T | I | R | E |
| T | P | S | K | L | O | E |
| R | S | O | T | A | A | T |
| Y | O | A | L | O | C | S |
| C | A | N | D | Y | O | U |

**LIFT-OFF!**  
**SAYS**

Separate the words



**For your dessert have fresh fruit instead!**