

Lift-Off!'s Simply Soccer

Soccer is a lot of fun to play, and it's a great way to stay active. Of course, you need several kids to play a full game, but did you know you can have a soccer tournament with only two people? Plus, you don't even need a full soccer field to play! All you need is yourself and a friend, a field, something to mark your goal, and a soccer ball. Of course, don't forget your safety gear!



STEP 1

Visit a local soccer field, or a local park where you can make your own miniature soccer field. Use two cones or similarly small items to mark the ends of your goal if you don't have the real thing.

STEP 2

Choose who will start with the ball and who will start as the goalie. The player with the ball attempts to make goals, while the goalie tries to block shots.

STEP 3

After every five shots, switch places with your friend.

STEP 4

Whoever gets seven goals first wins the match!

STEP 5

You can play as many times as you want. Keep count of how many games each person wins, and whoever has more wins when you're done playing is the Tournament Champion! Use the chart below to keep track of who wins each match!

Players 1: _____

Player 2: _____

Match 1 Winner	Match 2 Winner	Match 3 Winner	Match 4 Winner	Match 5 Winner	Match 6 Winner	Match 7 Winner	Match 8 Winner	Match 9 Winner

Today's Tournament Winner Is: _____