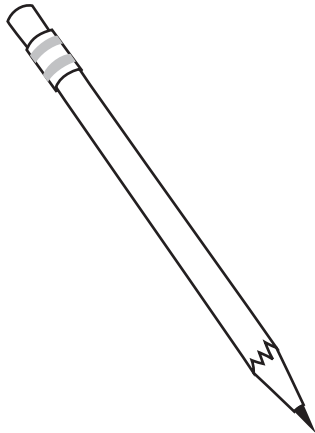


# Lift-Off!'s Numbers To Health

There is a special word that is used to describe a person who is very overweight. You will hear this word a lot as you get older, so it's good to learn what it means now. But what is the word? Fill in the blanks below, and then do the math problem on a calculator. Once you have an answer, turn your calculator upside down and read it. You should have a 5-letter word meaning overweight when you are done!



Remember, proper exercise and nutrition will help keep you from getting overweight. If you are already overweight, don't feel sad, because if you follow Lift-Off!'s lead, you'll be on your way to a healthier you in no time!



Number of weeks in a year \_\_\_\_\_

"92" upside down and backward: ÷ \_\_\_\_\_

Number of hours in 2 days: + \_\_\_\_\_

It's the last number before the "teens": x \_\_\_\_\_

Number of sides on a triangle: x \_\_\_\_\_

Number of days in October: - \_\_\_\_\_

A one followed by a zero: x \_\_\_\_\_

Number of days in a weekend: x \_\_\_\_\_

**THE FINAL NUMBER IS:** \_\_\_\_\_ , \_\_\_\_\_

**UPSIDE DOWN, THIS READS:** \_\_\_\_\_



**Now, fill in the blank with the word:**

\_\_\_\_\_ means to be very overweight. If I eat right, and exercise a lot, I won't become \_\_\_\_\_. If I am already \_\_\_\_\_, I can lose weight by eating healthy foods and being more active!

ANSWER  
Number of weeks in a year - 52; "92" upside down: ÷ 26; Number of hours in 2 days: + 48; It's the last number before the "teens": x 12; Number of sides on a triangle: x 3; Number of days in October: - 31; A one followed by a zero: x 10; Number of days in a weekend: x 2  
THE FINAL NUMBER IS: 3 5 , 3 8 0; UPSIDE DOWN, THIS READS: O B E S E